

## **“One week online yoga training program”**

The Department of chemistry has organized “One week online yoga training program” from 1<sup>st</sup> – 7<sup>th</sup> June 2020 from 3-4 pm every day. Students from both UG and PG, Faculty of department of chemistry and other various departments, non teaching staff actively participated in the yoga training program. The Resource person Dr. Gayathri devi was a experienced and skilled yoga trainer, who has made the participants aware of many yoga techniques and asnaas required at this pandemic time for maintaining good health. Every day the class began with the prayer followed by practicing of asanas and pranayama and meditation and ends with the prayer. Dr. Gayathri devi has taken classes with high level of dedication.

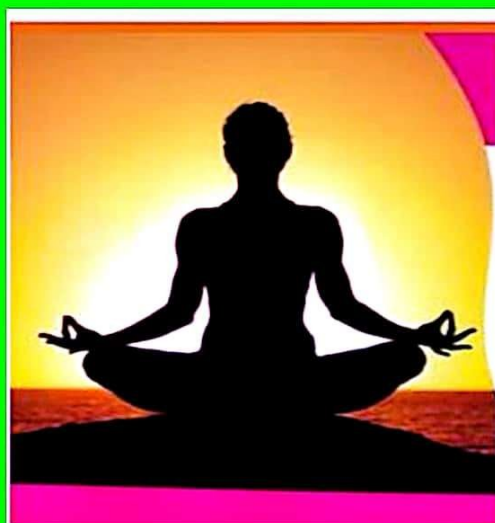
UNIVERSITY COLLEGE FOR WOMEN

KOTI, HYDERABAD

A Constituent and Autonomous College  
of Osmania University, NAAC Accredited A

*Cordially invites all  
for  
"one week online yoga training Program"*

*(1<sup>st</sup> - 7<sup>th</sup> June 2020) (3-4 pm every day)*



YOGA

LIVE LIFE TO ITS FULL POTENTIAL

*Organised by  
Department of Chemistry*

**Resource Person: Dr.A.Gayathri devi**

**Dr.K.Premalataha**

Head, Dept. Chemistry, UCW

**Dr.M.Kavitha**

ViCe Principal, UCW

**Prof.A.RojaRani**

Principal, UCW

Scanned with CamScanner

Zoom Meeting

Participants (44)

Find a participant

BD B Durga Bhavani Unmute More

B B.KAVVASRI

BM Bhavana matoori

CS Chode Sri satya Durga

Chougoni Snehasri

dhurgam akanksha

Dr Ayub Sk

DG Dr. G. Vijaya Lakshmi

F Fareesa

GS Galaxy SS

G GAYATRI

Gudikandula Sravani

Hemalatha Kothapalli

KA Keerthi Arutla

Ketamn Chethana1971

krishnaveni reddy

Invite Mute All Unmute All

Zoom Group Chat

Ogiraia Gayatri Devi

3:25 PM 6/2/2020

