

# REPORT ON

## PERSONALITY DEVELOPMENT

Two hours session on Personality Development was conducted on 26<sup>th</sup> August 2019 for the staff and students of the College. The Guest speaker was Dr. Sadatullah Khan- Mentor, Motivator, Guide and Life coach with more than 25 years of experience in personal transformation for a successful life. The sessions enabled around 200 participants in exploring and getting in touch with the "inner authentic you", a beginning of freedom, finding a sense of peace, love and higher purpose of life. Further the students acquired powerful tools and practices that empowered them to overcome difficulties and achieve their goal and focus on academics. The students expressed that it was a life-changing, inspiring and empowering experience and want to have a full-fledged 3-day personality development workshop in future. In this context, it is the plan of our principal Prof. A Roja Rani to conduct a 2-day workshop on "Faculty Personality Development Program"(FPDP) tentatively in January 2020 for the staff of our college.